

Heathrow Gymnastics Club

	Time	Gym 1	Time	Gym 2	Time	Gym 3	Time	Studio 1	Time	Studio 2	
Monday	16:20-17:20	Girls Elementary	16:15-18:15	Girls Elementary Squad	16:30-19:30	Acro Junior			16:30-18:30	Acro Senior	
	17:25-18:55	Girls Intermediate	16:15-18:45	Boys Elementary Squad	17:30-18:00	Boys Squad Bradley	17:30-20:00	Aerobics	18:30-20:30	Acro Junior	
			16:30-17:30	Boys Squad Bradley	18:45-20:30	Boys Squad Tom & Bradley					
	19:00-20:30	Girls Advanced	16:30-19:30	Girls Mini Squad							
	20:30-21:30	Boys Squad	19:00-21:30	Trampolining Squad							
	20:30-21:30	Boys Squad 2	17:30-21:30	Boys Squad Bradley & Tom							
		19:00-21:00	TeamGym								
		17:30-21:30	Acro Senior (17:30-19:00 Trampoline 19:00-21:30 Floor)								
		19:30-20:30	Boys Squad 2								

	Time	Gym 1	Time	Gym 2	Time	Gym 3	Time	Studio 1	Time	Studio 2
Tuesday			06:45-08:15	Acro Senior						
			10:00-14:30	Gymlets						
	16:30-21:30	Acro Senior	16:10-17:10	Girls Elementary	16:30-19:00	Acro Junior	18:00-19:30	Aerobics		
	17:00-19:00	Girls Squad 4	16:15-19:45	Girls Squad 1 Primary	16:30-18:30	Girls Squad 4			18:30-19:30	Girls Squad 4
	19:00-21:00	Girls Squad 2	17:15-18:15	Boys Elementary	18:30-21:30	Girls Squad 2				
	21:00-21:30	Boys Advanced	17:30-19:00	Boys Squad Tom	19:00-21:30	Boys Squad Tom				
			18:30-21:30	Trampolining Squad	19:30-20:00	Boys Advanced (Fitness)				
			17:30-21:00	Girls Squad 1 Junior/Senior						
		20:00-21:00	Boys Advanced (Vault & Tumble Track)							

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Wednesday	16:20-17:20	Girls Elementary	16:15-17:20	Girls Mini Squad	16:30-18:30	Acro Development				
	17:20-19:15	Girls Mini Squad	16:15-19:45	Girls Squad 1 Primary	16:30-17:30	Acro Senior (Tops)	18:00-21:30	Aerobics	17:30-18:30	Acro Senior
	17:30-21:30	Acro Senior	17:00-19:00	Boys Squad	18:15-21:15	Acro Junior			18:30-19:30	Girls Squad 2
	18:30-19:30	Boys Squad	17:30-21:00	Girls Squad 1 Junior/Senior	19:30-21:30	Boys Squad				
	19:30-21:30	Girls Squad 2	18:30-21:30	Trampolining Squad						

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Thursday	06:30-08:00	Acro Junior	06:30-08:00	Acro Senior						
	16:15-18:45	Girls Squad 4 & Girls Squad 3	16:20-17:50	Girls Intermediate	16:30-18:45	Acro Junior	STUDIO BEING USED FOR SOCIAL DISTANCING ENTRANCE		17:30-18:30	Acro Senior
	18:30-21:30	Acro Senior	16:20-17:20	Boys Elementary	16:30-18:30	Acro Senior (Tops)		18:30-20:30	Acro Junior	
	18:45-19:30	Acro Junior (Tops)	17:25-18:55	Boys Intermediate	18:30-20:30	Acro Development				
	18:30-21:00	Boys Squad	17:55-19:25	Girls Advanced	18:00-21:30	Boys Squad				
			19:00-21:30	TeamGym						
		19:30-21:30	Girls Senior Advanced							

	Time	Gym 1	Time	Gym 2	Time	Gym 3	Time	Studio 1	Time	Studio 2
Friday			06:45-08:00	Acro Senior	16:30-18:30	Acro Development				
	16:20-17:20	Girls Elementary Niamh	10:00-14:30	Gymlets	18:30-19:00	Acro Senior			17:00-18:00	Girls Squad 1 Primary
	17:25-18:55	Girls Intermediate	16:30-18:30	Boys Squad	18:30-19:00	Boys Squad	17:45-20:45	I Got Soul	18:30-19:00	Girls Elementary Squad
	19:00-21:15	Acro Senior	16:30-17:30	Girls Elementary Karla	19:30-21:30	Boys Advanced				
	19:00-21:30	Boys Squad	16:30-18:30	Girls Elementary Squad						
			17:00-21:00	Trampolining Squad						
		16:30-20:00	Girls Squad 1 Primary							
		17:30-21:00	Girls Squad 1 Junior/Senior							

	Time	Gym 1	Time	Gym 2	Time	Gym 3	Time	Studio 1	Time	Studio 2
Saturday	07:00-09:30	Acro Junior	07:00-10:00	Acro Senior	07:00-08:00	Acro Development	10:30-12:00	Aerobics		
			08:00-09:00	Acro Development						
	09:30-10:30	Boys Elementary	09:15-10:15	Girls Elementary	08:00-10:30	Aerobics				
	10:35-12:05	Boys Intermediate	10:20-11:50	Girls Intermediate						
	13:00-14:00	Girls Elementary	09:30-11:30	Boys Squad Tom	10:30-12:00	Girls Squad 1 Primaries				
	14:05-15:35	Girls Intermediate	12:00-14:00	Girls Squad 1 Primary	11:30-15:30	Boys Squad Tom & Bradley				
			12:00-15:30	Girls Squad 1 Junior/Senior	12:00-15:00	Boys Elementary Squad				
		15:45-18:15	TeamGym National	14:30-17:00	Girls Elementary Squad					
		18:25-20:25	TeamGym Development							

	Time	Gym 1	Time	Gym 2	Time	Gym 3	Time	Studio 1	Time	Studio 2
Sunday			09:00-10:00	Assessments						
			09:00-10:00	Trampolining Elementary						
			10:00-11:30	Trampolining Intermediate						
	09:00-10:00	Girls Elementary	09:30-10:30	Girls Mini Squad						
	10:05-11:05	Girls Elementary	10:30-14:00	Girls Squad 1	10:30-12:30	Girls Mini Squad				
	11:10-12:40	Girls Intermediate	13:55-15:25	Girls Intermediate Sian	13:30-15:30	Aerobics				
	13:00-15:00	Girls Junior Development	14:00-17:00	Trampolining Squad	15:30-17:00	Girls Squad 2				
	15:00-17:00	Girls Squad 3	14:00-17:00	Girls Squad 4	17:00-18:00	Girls Squad 3				
	17:00-19:00	Girls Junior Development	15:30-17:00	Girls Advanced	18:00-19:00	William Hire				
			17:00-19:00	Girls Squad 2						
		18:30-19:00	Girls Junior Development 2							
		19:00-21:00	William Hire							